# Title

Subtitle (optional)

Abstract

First paragraph

New paragraph

Keywords: First, second, third

## Heading 1. Use this style

First paragraph in all sections

Following paragraphs

Research question

Following paragraph

### Heading 2. Use this style

* Bulleted list
* Text

#### Heading 3. Use this style

Quotations of over 40 words

1. Numbered list
2. Text

Figure text

Table text

## References

Use this style. Example link <https://doi.org/10.7577/sjvd.3505>